# NOTES

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## A Note Regarding Hopf's Umlaufsatz

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Abstract. We note an argument proving simultaneously Hopf's rotation angle theorem and the  $C^1$  Jordan curve theorem.

The Jordan curve theorem and Hopf rotation angle theorem are fundamental results about simple, closed, plane curves (hereafter referred to as *Jordan curves*). The first of these asserts that a Jordan curve bounds exactly two regions: an interior and exterior. The second asserts that the net angle the tangent vector of a positively oriented  $C^1$  Jordan curve rotates as the curve is traversed is  $2\pi$ . The purpose of this note is to unite these theorems with a single proof using a weak tubular neighborhood theorem proved below. While the application to the Jordan curve theorem is standard [4, Sec. 2.1], it appears that the application of the tubular neighborhood theorem to the rotation angle theorem may be new.

Hopf's theorem (see [1] for an exposition by Hopf), sometimes called the Umlaufsatz, is often used [2, Chap. 9] in proofs of the Gauss–Bonnet theorem. The Jordan curve theorem for general continuous curves is very subtle (see, however, [5] for an accessible proof), and we restrict our considerations to  $C^1$  curves.

Let  $\{e_1, e_2\}$  be the standard basis for  $\mathbb{R}^2$  and  $S^1 \subset \mathbb{R}^2$  be the unit circle. Let  $\Pi : \mathbb{R} \to S^1$  be the covering map defined by  $\Pi(x) = (\cos 2\pi x, \sin 2\pi x)$ . We may identify  $S^1$  with [0, 1]/\*, where \* is the equivalence relation generated by requiring that 0 \* 1. Using this identification, any function  $f : S^1 \to \mathbb{R}^2$  may be regarded as a function  $f : [0, 1] \to \mathbb{R}^2$ , where f(0) = f(1).

Given  $p \in \mathbb{R}^2$  and r > 0, let  $B_r(p) = \{q \in \mathbb{R}^2 : |q - p| \le r\}$ .

The winding number or degree deg(f) of a continuous curve  $f: S^1 \to \mathbb{R}^2 \setminus \{0\}$ is an integer (see [3] for an elementary but rigorous introduction) which intuitively corresponds to  $\frac{1}{2\pi}$  times the net change in oriented angle f makes with a fixed reference direction as the curve is traversed. More precisely, given any such f, we define deg(f) :=  $\tilde{f}(1) - \tilde{f}(0)$ , where  $\tilde{f}: S^1 \to \mathbb{R}$  is the lift of f uniquely determined by requiring that

$$\Pi \circ \tilde{f} = \frac{f}{|f|} \quad \text{and} \quad \tilde{f}(0) \in [0, 1).$$
(1)

The winding number is a homotopy invariant: if f and g are homotopic (written  $f \sim g$ ), then deg(f) = deg(g).

A closed curve  $\gamma : S^1 \to \mathbb{R}^2$  is  $C^1$  if its component functions x(t) and y(t) are continuously differentiable and *regular* if  $\dot{\gamma}(t) \neq 0$  for all  $t \in [0, 1]$ . The *rotation index* of a regular curve  $\gamma : S^1 \to \mathbb{R}^2$  is defined to be deg $(\dot{\gamma})$ . For such a curve  $\gamma$ , we define the

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reversal  $\gamma^r : S^1 \to \mathbb{R}^2$  by  $\gamma^r(t) = \gamma(1-t)$ .  $\gamma^r$  is the same curve as  $\gamma$ , but traversed in the opposite direction, and the rotation index of  $\gamma^r$  is minus the rotation index of  $\gamma$ . If  $\gamma : S^1 \to \mathbb{R}^2$  is a closed plane curve and  $p \in \mathbb{R}^2 \setminus \gamma$  (where here, as elsewhere in this note, we abuse notation slightly by identifying  $\gamma$  with its image), the *winding number* of  $\gamma$  about p is defined to be deg $(\gamma - p)$ .

**Theorem 1.** Let  $\gamma$  be a regular,  $C^1$  Jordan curve. After possibly replacing  $\gamma$  by  $\gamma^r$ :

- 1. (Umlaufsatz) The rotation index of  $\gamma$  is one.
- 2. (Jordan curve theorem)  $\mathbb{R}^2 \setminus \gamma$  is a disjoint union of two path components, the interior, int( $\gamma$ ), and exterior, ext( $\gamma$ ), which are characterized by

$$\deg(\gamma - p) = \begin{cases} 1 & \text{if } p \in \operatorname{int}(\gamma) \\ 0 & \text{if } p \in \operatorname{ext}(\gamma). \end{cases}$$

*Proof.* By compactness, the image of  $\gamma$  contains a point with smallest y-coordinate; suppose without loss of generality that  $\gamma(0)$  is such a point. After possibly replacing  $\gamma$  by its reversal  $\gamma^r$ , we may suppose  $\dot{\gamma}(0) = ce_1$  for some c > 0. Choose the continuous unit normal field v along  $\gamma$  such that  $v_{\gamma(0)} = -e_2$ .

For  $\epsilon \in \mathbb{R}$ , consider the curve  $\gamma_{\epsilon}$  defined by  $\gamma_{\epsilon}(t) := \gamma(t) - \epsilon v_{\gamma(t)}$ . When  $|\epsilon'|$  is small,  $\gamma_{\epsilon'}$  should be thought of a "parallel curve" to  $\gamma$ . The tubular neighborhood theorem [2, Theorem 10.19] asserts that for a smooth Jordan curve  $\gamma$  and  $\epsilon > 0$  small enough, the map from  $\gamma \times (-\epsilon, \epsilon)$  to  $\mathbb{R}^2$  defined by  $(p, \epsilon') \mapsto \gamma_{\epsilon'}(p)$  is a diffeomorphism. For our purposes, the following less general version—proved at the end of the note—will suffice.

Assertion. There exists  $\epsilon > 0$  such that:

- (i). For all  $\epsilon'$  such that  $0 < |\epsilon'| \le \epsilon$ , the curves  $\gamma$  and  $\gamma_{\epsilon'}$  have disjoint images.
- (ii). For all  $t \in [0, 1]$ , if  $\gamma(t) \in B_{\epsilon}(\gamma(0))$ , then the y-component of  $\nu_{\gamma(t)}$  is negative.

Now fix some  $\epsilon > 0$  such that the assertion holds and define  $p_{in} := \gamma_{\epsilon}(0)$ ,  $p_{out} := \gamma_{-\epsilon}(0)$ . We claim that

- (a)  $\deg(\gamma p_{in}) = 1$  and  $\deg(\gamma p_{out}) = 0$ .
- (b)  $\gamma p_{\rm in} \sim \dot{\gamma}$ .



**Figure 1.** Portions of the curves  $\gamma$ ,  $\gamma_{\epsilon'}$ , and  $\gamma_{-\epsilon'}$ , where  $\epsilon' \in (0, \epsilon]$ .

Intuitively (a) encodes the fact that  $\gamma$  winds once around  $p_{in}$  and zero times around  $p_{out}$ , since  $p_{in}$  lies just above the lowest point of  $\gamma$ , while  $p_{out}$  is entirely below  $\gamma$  (see Figure 1).

The Umlaufsatz follows immediately from combining the first part of (a) with (b). For the Jordan curve theorem, note that since  $deg(\gamma - p)$  is a locally constant function

of  $p \in \mathbb{R}^2 \setminus \gamma$ , (a) implies that  $\mathbb{R}^2 \setminus \gamma$  has at least two path components. We will show that each point in  $\mathbb{R}^2 \setminus \gamma$  can be connected by a path in  $\mathbb{R}^2 \setminus \gamma$  to a point on either  $\gamma_{\epsilon}$  or  $\gamma_{-\epsilon}$ , and it will follow from this that  $\mathbb{R}^2 \setminus \gamma$  has at most two path components.

Fix  $p \in \mathbb{R}^2 \setminus \gamma$  and let q be a point on  $\gamma$  that is closest to p. By elementary geometry, the line segment connecting p and q is orthogonal to the tangent line to  $\gamma$  at q; hence  $p = q + \delta v_q$  for some  $\delta \neq 0$ . If  $\delta > 0$ , consider the point  $r := q + \epsilon v_q$ , which is on  $\gamma_{-\epsilon}$ . Each point on the line segment from p to r is either closer to p than q is and consequently not on  $\gamma$  by the choice of q, or on the curve  $\gamma_{-\epsilon'}$  for some  $0 < \epsilon' \le \epsilon$  and therefore not on  $\gamma$  by (i). Therefore, the line segment from p to r lies in  $\mathbb{R}^2 \setminus \gamma$ . If  $\delta < 0$ , we take  $r := q - \epsilon v_q$ , which is on  $\gamma_{\epsilon}$  and argue in the same way. We conclude that  $\mathbb{R}^2 \setminus \gamma$  has at most two path components, and this completes the proof of the Jordan curve theorem.

It remains to prove (a) and (b). We first claim that

$$(\gamma - p_{\rm in})^{-1} \left( \{ (0, y) \in \mathbb{R}^2 : y < 0 \} \right) = \{ 0, 1 \}.$$
(2)

By the choice of  $\gamma(0)$ , if  $\gamma(t) - p_{in}$  were on the negative y-axis for some  $t \notin \{0, 1\}$ , then  $\gamma(t)$  would lie on  $\gamma_{\epsilon'}$  for some  $\epsilon'$  satisfying  $0 < \epsilon' < \epsilon$ , which would contradict (i). Let  $\Gamma$  be the lift of  $\gamma - p_{in}$  as in (1). Since  $\gamma - p_{in}$  is  $C^1$  and  $\dot{\gamma}(0) = e_1$ , it follows from (2) and the intermediate value theorem that  $\deg(\gamma - p_{in}) = \Gamma(1) - \Gamma(0) = 1$ . By the choice of  $\gamma(0)$ , the image of  $\gamma - p_{out}$  omits the entire negative y-axis, so an argument similar to the one above shows  $\deg(\gamma - p_{out}) = 0$ . This proves (a).

For (b), define  $H : [0, 1]^2 \to \mathbb{R}^2 \setminus \{0\}$  by

$$H(s,t) = \gamma(t) - \gamma_{\epsilon}(s).$$

Notice that  $\epsilon v_{\gamma}$  is equal to the diagonal of H (i.e.,  $\epsilon v_{\gamma(t)} = H(t, t)$ ). The diagonal of H is also homotopic to the concatenation V of the left and top sides of the domain square given by

$$V(t) = \begin{cases} H(0, 2t) & \text{if } t \in [0, 1/2] \\ H(2t - 1, 0) & \text{if } t \in [1/2, 1]. \end{cases}$$

We now claim that the image of the second loop in this product omits the entire positive y-axis and hence is nullhomotopic. To see this, suppose for the sake of a contradiction that there exists  $t \in S^1$  such that  $\gamma(0) - \gamma_{\epsilon}(t)$  lies on the positive y-axis. The choice of  $\gamma(0)$  implies that  $\gamma(t) - \gamma(0)$  and  $\gamma(t) - \gamma_{\epsilon}(t) = \epsilon v_{\gamma(t)}$  each have positive y-components and that  $|\gamma(0) - \gamma(t)| < \epsilon$ . This contradicts (ii).

Consequently, since  $\gamma - p_{in} = H(0, \cdot)$ , it follows that  $\gamma - p_{in} \sim v_{\gamma}$ . Since the maps  $v_{\gamma}$  and  $\dot{\gamma}$  differ by constant angle  $\frac{\pi}{2}$ , we see that  $v_{\gamma} \sim \dot{\gamma}$ ; hence  $\gamma - p_{in} \sim \dot{\gamma}$  and (b) holds.

*Proof of Assertion.* We first show there exists  $\epsilon > 0$  such that (i) holds. Suppose for the sake of a contradiction that for each  $k \in \mathbb{N}$ , there exists  $\epsilon_k$  such that  $0 < |\epsilon_k| \le \frac{1}{k}$ and  $t_k, t'_k \in [0, 1]$  such that  $\gamma(t_k) = \gamma_{\epsilon_k}(t'_k)$ . By compactness, we may suppose that both  $(t_k)_{k \in \mathbb{N}}$  and  $(t'_k)_{k \in \mathbb{N}}$  converge. Since  $\gamma$  is embedded, both sequences have the same limit, say  $t_\infty$ . By a change of coordinates, we may suppose  $\gamma(t_\infty) = \mathbf{0}$  and  $\dot{\gamma}(t_\infty) = ce_1$ , for some c > 0. Since  $\gamma$  is  $C^1$ , there exists  $\delta > 0$  such that, for all t sufficiently close to  $t_\infty, \gamma(t)$  lies on the graph of a function  $f \in C^1((-\delta, \delta))$  satisfying f(0) = f'(0) = 0. Then for all sufficiently large  $k \in \mathbb{N}$ , there exist  $x_k, x'_k \in (-\delta, \delta)$  satisfying  $\lim_{k \to \infty} x_k = \lim_{k \to \infty} x'_k = 0$  such that

$$\gamma(t_k) = (x_k, f(x_k)), \quad \gamma_{\epsilon_k}(t'_k) = (x'_k, f(x'_k)) - \frac{\epsilon_k(f'(x'_k), -1)}{\sqrt{1 + (f'(x'_k))^2}}.$$
(3)

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From the assumption that  $\gamma(t_k) = \gamma_{\epsilon_k}(t'_k)$  and (3), we conclude

$$\frac{f(x_k) - f(x'_k)}{x_k - x'_k} = -\frac{1}{f'(x'_k)},\tag{4}$$

which is clearly a contradiction, since (because f is  $C^1$ ) the left side of (4) approaches zero as  $k \to \infty$ , while the magnitude of the right-hand side is unbounded as  $k \to \infty$ .

We next show that (ii) holds as long as  $\epsilon > 0$  is small enough. Since  $v_{\gamma(0)} = -e_2$ , choose (by continuity)  $\delta > 0$  such that if  $0 \le t < \delta$  or  $1 - \delta < t \le 1$  then  $v_{\gamma(t)}$  has negative y-component. If  $\epsilon > 0$  is sufficiently small, then  $B_{\epsilon}(\gamma(0))$  is disjoint from the image of  $[\delta, 1 - \delta]$  under  $\gamma$  (since this image is compact). For such a choice of  $\epsilon$ , if  $\gamma(t) \in B_{\epsilon}(\gamma(0))$ , then either  $t < \delta$  or  $t > 1 - \delta$ , and therefore  $v_{\gamma(t)}$  has negative y-component.

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